

# Holistic Therapy Days

Claire Donaldson - Holistic Therapist



Claire can come and work for half or full days to cover any of the Holistic Therapies individually:

**Holistic Reflexology**

**Emerald Alignment Technique**

**Children's Meditation**

Please see individual PDFs for information and costings. Links are on the schools page of my website: [www.shewaliving.co.uk/schools](http://www.shewaliving.co.uk/schools)

## **Combination – Holistic Therapy Days**

If you would like to combine some of the therapies, for example, have a morning of the Emerald Alignment Technique and the afternoon for reflexology, this is possible. Bespoke packages can be worked out for schools, to suit individual needs.

**£150 – Holistic Therapy Days**